

FIRST Swim Meeting: Session: 3: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 07:30 untill 08:35. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:20, starttime: 09:17
Heat: 20/22 Lane : 2 Athlete: FATIH AYA			Q-time: 01:00:94
PB (50m pool): 01:00.94 Mol 22/06/2025			PB (25m pool): 00:59.81 SB: 01:01.09 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:29.27	01:00.94	
	00:29.27	00:31.67	
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:20, starttime: 09:17
Heat: 20/22 Lane : 7 Athlete: HEIJL OLIVIA			Q-time: 01:01:78
PB (50m pool): 01:01.88 Antwerp 21/01/2024			PB (25m pool): 01:00.30 SB: 01:02.09 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:01.88	
	no time		
			

Coach feedback:

Event number: 11: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:19
Heat: 21/22 Lane : 4 Athlete: RAVELINGIEN LANA			Q-time: 00:56:55
PB (50m pool): 00:56.30 Antwerpen 12/02/2023			PB (25m pool): 00:55.38 SB: 00:56.55 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	00:56.30	
	no time		
			

Coach feedback:

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Event number: 12: 100M FREESTYLE MEN 11+			Heat:22, starttime: 09:55
Heat: 22/23 Lane : 6 Athlete: KINDT LEVI			Q-time: 00:53:36
PB (50m pool): 00:53.36 Antwerpen 22/03/2026			PB (25m pool): 00:52.11 SB: 00:53.36 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.51	00:53.36	
	00:25.51	00:27.85	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:23, starttime: 09:57
Heat: 23/23 Lane : 2 Athlete: METZEMAKERS NOA			Q-time: 00:54:56
PB (50m pool): 00:53.88 Olympic Pool Wezenberg, Antwer 29/03/2025			PB (25m pool): 00:53.58 SB: 00:53.88 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	
PB	00:25.67	00:53.88	
	00:25.67	00:28.21	
			

Coach feedback:

Event number: 12: 100M FREESTYLE MEN 11+			Heat:23, starttime: 09:57
Heat: 23/23 Lane : 4 Athlete: VAN HOOYDONCK VINCENT			Q-time: 00:49:90
PB (50m pool): 00:49.90 Antwerpen 27/07/2025			PB (25m pool): 00:48.43 SB: 00:50.00 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	
PB	00:23.66	00:49.90	
	00:23.66	00:26.24	
			

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 10:37
Heat: 18/20 Lane : 4 Athlete: HEIJL OLIVIA			Q-time: 01:05:72
PB (50m pool): 01:05.58 ANTWERPEN 30/07/2023			PB (25m pool): 01:03.59 SB: 01:05.72 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:05.58	
	no time		
			

Coach feedback:

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Event number: 13: 100M BACKSTROKE WOMEN 11+			Heat:20, starttime: 10:41
Heat: 20/20 Lane : 4 Athlete: BROECKAERT NOOR			Q-time: 01:03:73
PB (50m pool): 01:03.73 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:02.33 SB: 01:04.65 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:30.44	01:03.73	
	00:30.44	00:33.29	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:17, starttime: 11:17
Heat: 17/19 Lane : 3 Athlete: METZEMAKERS NOA			Q-time: 01:02:61
PB (50m pool): no time			PB (25m pool): 01:02.61 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:18, starttime: 11:19
Heat: 18/19 Lane : 5 Athlete: LAVDANITI ZHULIAN XHOI			Q-time: 00:58:08
PB (50m pool): 00:57.55 ANTWERPEN 23/04/2023			PB (25m pool): 00:56.24 SB: 00:58.61 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	no time	00:57.55	
	no time		
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+			Heat:19, starttime: 11:21
Heat: 19/19 Lane : 5 Athlete: VAN HOOYDONCK VINCENT			Q-time: 00:57:16
PB (50m pool): 01:04.13 Antwerpen 12/02/2023			PB (25m pool): 00:57.16 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:04.13	
	no time		
			

Coach feedback: